

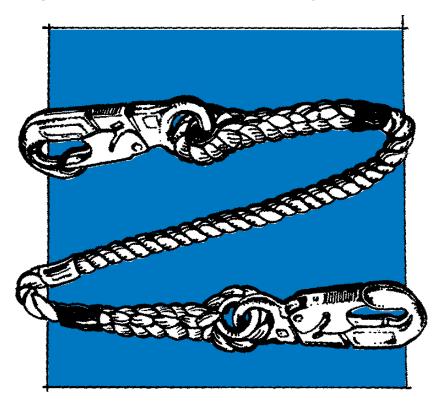
TOOLBOX MEETING GUIDE



Using the right lanyard

A lanyard is a flexible line of webbing, or a synthetic or wire rope, used to secure a safety belt or full body harness to a lifeline or anchor.

A lanyard that meets the requirements of CSA Standard Z259.1 is acceptable to WorkSafeBC.



- Keep lanyards as short as possible to reduce the distance you could fall. Try to arrange the lanyard to limit a free fall to no more than 1.2 m (4 ft.) in a fall arrest situation.
- When using a wire rope lanyard for fall arrest, a personal shock absorber must be included in your personal fall protection system in order to keep the arrest force at a safe level.

Project:	Address:		
Employer:	Supervisor:		
Date: Time:	Shift:		
Number in crew:	Number attending:		
Other safety issues or suggest	ions made by crew me	embers:	
Record of those attending:			
Name: (please print)	Signature:	Company:	
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2.			
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15.			
Manager's remarks:			
Manager:	Supervisor:		
(signature)		(signature)	



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