

Occupational Asthma Quiz

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1. What are the symptoms of Asthma?

- (A) Coughing
- (B) Difficulty breathing
- (C) Wheezing
- (D) Chest pain or tightness
- (E) All of the above

2. What are the symptoms of occupational asthma?

- (A) Feeling sleepy during work
- (B) Asthma worsening at work, getting better at home and again resurfacing at work
- (C) Experiencing body pain at work
- (D) Feeling extremely cold at work

3. Asthma can be deadly.

- (A) True
- (B) False

4. How many workers on average are exposed to an 'asthmagen' at work?

- (A) 1 million
- (B) 5 million
- (C) 7 million
- (D) 11 million

5. Which of the following workplace hazards does NOT lead to asthma?
- (A) Dust from wood, grain, or flour
 - (B) Working in close proximity with an asthmatic co-worker
 - (C) Exposure to allergens and irritants on the job
 - (D) Exposure to animal protein, latex and adhesives
6. Which of these professionals face the highest risk of occupational asthma?
- (A) Women in the service industry (waitresses, cleaners and dental workers)
 - (B) Men working in the metal industry
 - (C) Employees working in the IT industry
 - (D) Both a and b
7. How can employers avoid exposing workers to potentially harmful substances and unhealthy air at work?
- (A) By asking workers to wear safety masks to work every day
 - (B) Keeping all windows, doors and vents closed to prevent air circulation
 - (C) Giving more sick leave to employees who show symptoms of asthma
 - (D) Replacing hazardous materials with less harmful ones and ensuring ventilation systems work properly
8. Which of the following statements is NOT correct?
- (A) The Americans with Disabilities Act also covers people with asthma and allergies.
 - (B) OSHA gives workers the right to have access to healthy air.
 - (C) The CDC is a regulatory body guiding employers on how to prevent occupational asthma and other diseases.
 - (D) None of the above

9. Which of the following statements is NOT correct?

- (A) One in every six asthma cases is either caused or worsened by occupational exposures.
- (B) One in every 12 adults suffers from asthma.
- (C) Exposure at work has worsened the condition for 21.5 percent workers suffering from asthma.
- **(D) People with asthma believe that properly lit and ventilated workplaces aggravate their asthma symptoms.**

10. If you suspect that your workplace has unhealthy air, you should-

- (A) Inform management of the problem and seek medical help for those who exhibit symptoms
- (B) Vacate the workplace in case of aggrieved signs
- (C) Enable proper circulation of air in the area by opening the windows and doors
- **(D) All of the above**