

Hearing Conservation Quiz

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1. Which of the following is a long-term, negative result of exposure to loud noise?
 - (A) Decreased productivity
 - (B) Psychological and physical stress
 - (C) Interrupted concentration and communication
 - (D) Accidents and injuries at work due to one's inability to hear warning signals
 - **(E) All of the above**
2. Which of the following is a warning sign that your workplace may be too noisy?
 - (A) You hear a humming or ringing in your ears when you leave your workplace
 - (B) You constantly pull your ears
 - (C) You have to shout to a person who's an arm's length away in order to be heard.
 - **(D) Both a and c**
3. What does the acronym NIHL stand for, with respect to hearing conservation?
 - (A) Northern Illinois Hockey League
 - (B) Noise Induced Humming Level
 - **(C) Noise Induced Hearing Loss**
 - (D) None of the above
4. Noise-induced hearing loss can be temporary.
 - **(A) True**
 - (B) False
5. To what does the acronym SLM refer?
 - (A) St. Leonard's Motors
 - **(B) Sound Level Meter**
 - (C) Service Lifecycle Management
 - (D) Silent Language Management

6. Continuous exposure to noise levels at ____ decibels (dB) or above can cause hearing loss.

- **(A) 85**
- (B) 80
- (C) 75
- (D) 70

7. Noise Induced Hearing Loss can be mitigated and even fully repaired with medical aid.

- (A) True
- **(B) False**

8. The most effective way to avoid hearing loss at work is to

- (A) Stay away from loud noises and refuse to work
- (B) Listen to music that is louder than the noise level at work
- (C) Use hearing protection, such as earplugs, regardless of whether or not communication is essential at the office
- **(D) Monitor noise levels through engineering and administrative controls**

9. Which of the following is NOT a type of hearing protection?

- (A) Ear Muffs
- (B) Pre-molded plugs
- (C) Foam plugs
- (D) Canal caps
- **(E) Cotton balls**

10. What is done to monitor a worker's hearing over time?

- **(A) Audiometric Testing**
- (B) Genetic Testing
- (C) Both a and b
- (D) None of the above

11. Anyone in the workplace can conduct audiometric testing.

- (A) True
- **(B) False**

12. Baseline audiograms should be provided within ___ of an employee's first exposure to a noise level equal to or exceeding an average of 85 decibels every hour for eight hours.

- **(A) 6 months**
- (B) 9 months
- (C) 10 months
- (D) 11 months

13. Employers are required to administer audiograms every year after the baseline audiogram.

- **(A) True**
- (B) False

14. Monitoring, testing, using administrative and engineering controls, and providing hearing protection satisfies an employer's obligation under OSHA.

- (A) True
- **(B) False**