

First Aid Quiz

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1. You are not required to ask a victim's permission to perform first aid.
 - (A) True
 - **(B) False**
2. Which of the following should you do first when your co-worker has suffered an electrical shock?
 - (A) Move the victim away from the electrical source with a help of a non-conducting object
 - (B) Shut off the source of electricity if possible
 - (C) Check the victim's breathing and pulse. Begin CPR if necessary
 - (D) Lay the victim down with his/her head lower than the rest of the body
 - **(E) Call 911 or bring in an emergency medical team**
3. Which of the following is the correct method for saving someone from choking?
 - **(A) Five back blows followed by five abdominal thrusts if necessary**
 - (B) Five abdominal thrusts followed by five back blows if needed
 - (C) Back blows only
 - (D) Abdominal thrusts only
4. Which of these is a symptom of a heatstroke?
 - (A) Rapid, strong pulse
 - (B) Hallucinations
 - (C) Throbbing headache
 - (D) High body temperature
 - **(E) All of the above**

5. Which of the following is the most common symptom of a heart attack?
- (A) Nausea
 - (B) Shortness of breath
 - **(C) Chest Pain**
 - (D) Cough
6. What first aid should you give to someone who is having a heart attack?
- (A) Call 911 or your local emergency number
 - (B) Perform CPR
 - (C) Loosen his/her clothing
 - **(D) All of the above**
7. Should you give an over-the-counter medicine to a person who is having a heart attack?
- (A) Yes
 - **(B) No**
8. What is the correct order of airway, breathing, and circulation in the CPR process?
- **(A) Chest compressions, airway, breathing**
 - (B) Airway, breastbone, chest
 - (C) Airway, breathing, circulation
 - (D) Back, circulation, airway
9. CPR involves..
- **(A) Chest compressions & rescue breaths**
 - (B) Rescue breaths & abdominal thrusts
 - (C) Chest compression & abdominal thrusts
 - (D) Abdominal thrusts & finger sweeps

If your co-worker needs CPR but you are not trained in it, which of the following should you do?

- (A) Give rescue breaths only
- **(B) Perform chest compressions only**
- (C) Wait for emergency personnel to arrive
- (D) Lift the patient's head